

GUD MAWNIN!



Table Rock Restaurant
The "New Normal" Breakfast Menu

DA FI WI EGGS

"These are our eggs"

Fresh from the farm & served with tropical fruit, juice, and bottomless coffee or tea

TABLE ROCK FARM EGGS 20.00

2 eggs cooked your way, crispy bacon, & thick slices of homemade toast

BELIZEAN BREAKFAST 22.00

2 eggs, refried beans, fry jacks, & crispy bacon

CAYO VEGGIE OMELETTE 24.00

Sauteed sweet peppers, tomatoes, onions & cheddar with a side of bacon & toast

BREAKFAST BURRITO 23.00

Handmade flour tortilla stuffed with scrambled eggs, refried beans, and cheddar with a side of crispy bacon

LEE BIT A SHUGA

"Something a little sweet"

Served with tropical fruit, juice, and bottomless coffee or tea

CLASSIC PANCAKES 20.00

Fluffy pancakes served with local organic honey and crispy bacon on the side



IF U NO SOH PECKISH

"If you're not very hungry"

Served with tropical fruit, juice, and bottomless coffee or tea

HOMEMADE GRANOLA 18.00

Made right here & served with your choice of yogurt or milk

TOAST & JAM 14.00

Thick slices of fresh toasted Table Rock baguette with butter and Belizean jam

Prices in Belize Dollars

Please add 10% service charge & 12.5% sales tax

The "New Normal" LUNCH & DINNER MENU

STARTERS

BZ\$

Fruit Medley	\$8
Chips & Salsa	\$11

QUESADILLAS

Bean & Cheese	\$12
Chicken, Bean & Cheese	\$15

SALADS

Greek	\$19
Market Grilled Chicken	\$23

HOUSE SPECIALS

Slow Smoked Pulled Meat	\$25
TR Cole Slaw, Fries & Tortilla	
Crunchy Chicken Tacos	\$23
Sour Cream & Pico de Gallo	

PIZZAS

Cheese	\$17
Pepperoni	\$19
Veggie	\$19

TABLE ROCK FAVOURITES

Grilled Pesto Chicken Wrap	\$23
Chicken Fingers	\$23
Crispy Fish & Chips	\$28

Favourites served with fries or salad

CHEF'S DINNER SPECIAL

6PM-8PM

New Option Every Night

\$30-\$56

Please ask your server

TABLE ROCK

Sustainable Jungle Lodge
Organic Farm
Restaurant

Prices in BZD

Please add 10% service charge & 12.5% GST



TABLE ROCK

Sustainable Jungle Lodge
Organic Farm
Restaurant

Just for kids

PENNE PASTA	BZ\$
with butter & cheese	\$11
QUESADILLA	
beans & cheese, hold the veg	\$12
MINI PIZZAS	
perfectly kid-sized	
Cheese	\$9
Pepperoni	\$10
CHICKEN FINGERS & FRIES	
kid-sized version	\$12
SIDE OF VEGGIES	
broccoli, carrots, or cauliflower	\$2
SIDE OF FRUIT	
fresh and sweet	\$3
KIDDIE COCKTAIL	
Sprite, grenadine & Maraschino cherries	\$5
ICE CREAM	
single scoop of deliciousness	\$5

Prices in BZD

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